

FACULTY OF ELECTRICAL  
ENGINEERING**SUBJECT CARD**

Name in Polish: **Ja, pośród innych**  
 Name in English: **Self among others**  
 Main field of study (if applicable): **Industrial Control Engineering**  
 Specialization (if applicable):  
 Level and form of studies: **1st level, full-time**  
 Kind of subject: **optional / university-wide**  
 Subject code: **PSH050911**  
 Group of courses: **NO**

	Lecture	Classes	Laboratory	Project	Seminar
Number of hours of organized classes in University (ZZU):					15
Number of hours of total student workload (CNPS):					60
Form of crediting:					crediting with grade
For group of courses mark (X) final course:					
Number of ECTS points:					2
including number of ECTS points for practical (P) classes :					2
including number of ECTS points for direct teacher-student contact (BK) classes:					1.40

**PREREQUISITES RELATING TO KNOWLEDGE, SKILLS AND OTHER COMPETENCES**

1. Humanistic knowledge at the level of secondary education.

**SUBJECT OBJECTIVES**

- C1. To acquaint students with the basic concepts connected with the knowledge about intra- and interpersonal skills.  
 C2. To teach students the essentials skills in self-presentation and giving speeches.  
 C3. Students acquire abilities in working in groups and in communication.

**SUBJECT LEARNING OUTCOMES***relating to knowledge:**relating to skills:*

- PEU\_U01 A student gets an ability to gain knowledge individually (following teachers instructions).  
 PEU\_U02 A student gets a skill to prepare and make presentations related to the problems from the scope of topics of the studied discipline using audiovisual tools and devices and using the psychological knowledge about the subject of interpersonal communication.

*relating to social competences:*

- PEU\_K01 A student gets an ability to work in groups and a student gets a skill to argue, debate using different argumentations.

**PROGRAMME CONTENT**

Form of classes - seminar		Number of hours:
Sem 1	Social intelligence.	2
Sem 2	Social roles. Group working. Stereotypes and labelling.	2
Sem 3	Social influence and manipulation. Conformism and assertiveness.	2
Sem 4	Authority. Management.	2
Sem 5	Emotional intelligence. Why is it important to know your emotions?	2
Sem 6	Burnout syndrome. Anger, sorrow, aggression.	2
Sem 7	Communication skills.	2
Sem 8	Self-presentation. Practical skills.	1
Total hours:		<b>15</b>

**TEACHING TOOLS USED**

- N1. Interactive lecture with multimedia presentation.  
 N2. Individual students' work during classes.  
 N3. Group students' work during and after classes. Discussions.  
 N4. Individual students' work prepared after classes, but presented during the last meeting.

**EVALUATION OF SUBJECT LEARNING OUTCOMES ACHIEVEMENT**

<b>Evaluation</b> <i>F – forming (during semester)</i> <i>P – concluding (at semester end)</i>	<b>Educational effect number</b>	<b>Way of evaluating educational effect achievement</b>
F1(s)	PEU_U01	Individual answers and group discussions during classes.
F2(s)	PEU_K01	Active participation in exercises.
F3(s)	PEU_K01	Presentation of the results of group work.
F4(s)	PEU_U01 PEU_U02	Presentation of individual homework.
F5(s)	PEU_U01 PEU_U02	Individual presentation at the last classes.
P(s)	$P=0,1F1+0,1F2+0,1F3+0,1F4+0,6F5$	

**PRIMARY AND SECONDARY LITERATURE****PRIMARY LITERATURE:**

- [1] Bogdan Wojciszke, Człowiek wśród ludzi,  
 [2] Daniel Goleman, Inteligencja emocjonalna,  
 [3] Daniel Goleman, Inteligencja społeczna,

**SECONDARY LITERATURE:**

- [1] Judith Hall /; Mark L. Knapp, Komunikacja niewerbalna w interakcjach międzyludzkich,  
 [2] Friedmann Schulz von Thun, Sztuka rozmawiania, tom 1 – Analiza zaburzeń,  
 [3] Friedmann Schulz von Thun, Sztuka rozmawiania, tom 2 – Rozwój osobowy,  
 [4] Friedmann Schulz von Thun, Sztuka rozmawiania, tom 3 – Dialog wewnętrzny,  
 [5] Friedmann Schulz von Thun, Sztuka rozmawiania, tom 4 – W porozumieniu ze sobą i innymi – komunikacja i kompetencje społeczne,  
 [6] Mark Leary, Wywieranie wrażenia na innych  
 [7] Marshall B. Rosenberg, Porozumienie bez przemocy, podręcznik i ćwiczenia.

**SUBJECT SUPERVISOR**

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